

# OREGON **BALLET** THEATRE SCHOOL

## **Primary Ballet — Dress Code**

### **Pointe Track and Female Identifying Dancers** (Also an option for non-binary students)

- Wear Moi CABRIOLE leotard – White.
- Light pink Raindance #62ADJ ¾-inch alignment belt.
- Any ballet brand skin tone or pink tights, matte (not shiny/Lycra), no holes, footed, non-seamed.
- Any brand skin tone or pink canvas ballet slippers – (split-sole, no drawstring)

### **Flat Track and Male Identifying Dancers** (Also an option for non-binary students)

- White leotard – any brand/style (no t-shirts).
- Black leggings – tights optional.
- White canvas ballet shoes – any brand, split-sole, no drawstrings.
- Thin white crew-length socks (no tube socks).
- Black elastic belt to hold tights (not a “dance belt”).
- Optional skin tone or black dance belt – any brand/style (undergarment).

### **Non-Binary Option**

- Wear Moi CABRIOLE leotard – White.
- Black leggings – tights optional.
- White canvas ballet shoes – any brand, no drawstrings, split-sole.
- Thin white crew-length socks (no tube socks).

### **Entering & Exiting the Building**

Students must wear clothing over dance attire when entering or exiting. Do not wear ballet slippers outside.

### **Warm-ups**

Permitted only before/after class. Remove before lining up.

### **Religious or Cultural Accommodations**

OBT School supports all religious and cultural dress preferences. Please contact the School Director to discuss appropriate options.

### **Tights and Shoes**

- Tights must be worn underneath the leotard and fully cover the feet and heels inside the shoes. Tights must match the shoes.
- If a bra is needed, it must have concealed straps and not be visible under the leotard. Underwear should not be worn with the leotard, except in approved cases.
- Canvas, split sole ballet slippers without drawstrings are required and must match the color of the tights or socks
- Please replace shoes when a hole is visible.
- Shoes must be purchased from one of our partner dance shops to ensure proper fit and quality for safety.
- Warm-ups permitted only before/after class. Remove before lining up.

## **Hair**

- All hair is required to be pulled back into a neat bun if possible and fastened securely using a rubber band, multiple pins and a hair net that matches the color of the student's hair. No French twists.
- Students identifying as male or non-binary with long hair must wear hair in ponytail, single braid, or bun. Bangs must be pinned back away from face.
- Short hair needs to be fastened away from face. Bangs must be pinned back away from face. Head bands must match the student's hair color and is only permitted if needed to secure short hair.
- Students/ parents must be responsible for the necessary supplies to have their hair done before class time. No headbands, bandanas, bows, scrunchies, donuts, or other headwear which interferes with or distracts from class.
- Hair may be worn in a ponytail or braid in designed classes at the discretion of the teacher. (Ex. Pilates, Modern, Strength & Conditioning, Improvisation, Contemporary, and Composition). Bangs must still be secure off the face.
- Unnatural hair color is permitted but must be removed prior to theater rehearsals, observation classes, performances and photo shoots.

## **Jewelry, Nails, Tattoos:**

- No jewelry, watches, necklaces, chokers, anklets, watches, fit bits, bracelets, or rings. Exceptions can be made for health, cultural, and religious purposes but must be approved by the School Director.
- Visible permanent or temporary tattoos are not permitted for theater rehearsals, performances and photo shoots.
- Students are permitted to wear small stud-type earrings as long as they are a singular point attached to a post, max 2 per ear. Not permitted for theater rehearsals, performances and photo shoots. No hoop earrings of any kind are permitted.
- Nails are to be kept short (max length of ¼ inch) for safety purposes. Nail polish is permitted for class, but no nail adornments. (ex. Jewels) No Nail polish for theater rehearsals, observation classes, performances and photo shoots.

## **Recommended Dancewear Stores**

The Leotard — 2432 NE MLK Blvd, Portland, OR 97212 — (503) 284-9244 — [theleotard.com](http://theleotard.com)

Portland Dancewear — 9225 SW Hall Blvd, Tigard, OR 97223 — (503) 292-1539 — [portlanddancewear.com](http://portlanddancewear.com)

## **General Expectations:**

Our dress code is an important part of ballet training and reflects long-standing practices across professional schools. It helps create an environment grounded in equity, focus, and respect for the art form. Dressing uniformly allows faculty to clearly see the body in order to support alignment, technique, and the development of a classical line. It also encourages discipline and helps students prepare both physically and mentally for class.

- Students are expected to follow the dress code for all OBT classes, regardless of location.
- If a student arrives out of dress code, they may be asked to observe or make adjustments before participating.
- Dress code reminders will be shared with the goal of supporting each student's success.
- Ongoing concerns may lead to a conversation with School staff to ensure alignment and understanding.
- OBT School supports religious and cultural dress considerations. Families are encouraged to contact the School Director to discuss appropriate options.