

OREGON **BALLET** THEATRE SCHOOL

Level 3, 3A & 3P — Dress Code

Pointe Track (Female Identifying; also an option for non-binary students)

• Level 3:

Leotard-Color Sky, Wear Moi Leotard #, FAUSTINE required, other options CANDIDE, EMERAUDE.

Skirt: Color Sky Blue, Wear Moi ALEGRO Wrap skirt.

• Level 3A:

Leotard- Color French Blue, Wear Moi Leotard #FAUSTINE required, other options CANDIDE, EMERAUDE.

Skirt- Color French Blue, Wear Moi ALEGRO Wrap skirt.

• Level 3P:

Leotard- Color Navy, Wear Moi Leotard # FAUSTINE required, other options CANDIDE, EMERAUDE.

Skirts: Color Navy, Wear Moi ALEGRO Wrap skirt, and So Danca Color Black, Long wrap skirt, style options Cordelia SL235 or Evelyn SL227

- Each level has a required leotard color and brand. One style is required to have for performances and observations, optional additional styles listed (choose what fits and feels best). Leotards may not be modified to change the leotard line in any way. Any modifications to strap length must be done so in a way that is concealed.
- Any ballet brand skin tone or pink tights, matte (not shiny/Lycra), no holes, footed, non-seamed.
- Tights must be worn under the leotard and fully cover the feet, including the heels. Tights must match the shoes.
- If a bra is needed, wear one with concealed straps that isn't visible under the leotard. Underwear should not be worn with the leotard, except in approved cases.

Flat Track (Male Identifying; also an option for non-binary students)

- White, Wear Moi # HORACIO V-Neck microfiber s/s leotard
- Grey, Wear Moi # HIDALGO microfiber convertible tights
- Black elastic or dress belt required on the outside of tights for male identifying students (not a “dance belt”)
- Skin tone or black dance belt – any brand/style (required for levels 1+)
- Thin white crew-length socks (no tube socks)

Non-Binary Option

Non-binary dancers may choose Flat or Pointe track dress code or contact the School Director for alternatives.

Shoes

- Shoes must be neatly and securely sewn with like-colored thread. No safety pins.
- Canvas split sole ballet slippers without drawstrings are required.
- The color of the slippers must match the color of the tights
- Replace shoes when a hole is visible.
- Shoes must be purchased from a recommended dancewear store to ensure proper fit, quality, and safety.
- Flat Track (male identifying) dancers wear white canvas ballet shoes to match the white socks.
- Pointe Track (female identifying) dancers wear canvas slippers in the matching color of their tights.
- Dyed pointe shoes and ballet slippers are permitted if supplied from the OBT costume shop.

Pointe Shoes

- Pointe-shoe readiness is determined by the School Director and School Faculty.
- If this is your first year on pointe, do not purchase shoes without prior instruction from the School Director. Fittings will be scheduled to assist with the first purchase.
- The color of pointe shoes, elastics, and ribbons must match the color of the tights.
- Shoes must be securely and neatly sewn with like-colored thread.
- Additional instructions will be provided to qualified students during the first month of classes.

Level 3, 3A & 3P — Dress Code Continued

- All pointe-shoe brands are permitted except Gaynor Minden. Pointe shoes must be approved by the School Director or instructor prior to sewing.
- Pointe shoes must be brought to every class ready to wear.

Hair:

- All hair is required to be pulled back into a neat bun if possible and fastened securely using a rubber band, multiple pins and a hair net that matches the color of the student's hair. No French twists.
- Students identifying as male or non-binary with long hair must wear hair in ponytail, single braid, or bun. Bangs must be pinned back away from face.
- Short hair needs to be fastened away from face. Bangs must be pinned back away from face. Head bands must match the student's hair color and is only permitted if needed to secure short hair.
- Students/ parents must be responsible for the necessary supplies to have their hair done before class time. No headbands, bandanas, bows, scrunchies, donuts, or other headwear which interferes with or distracts from class.
- Hair may be worn in a ponytail or braid in designed classes at the discretion of the teacher. (Ex. Pilates, Modern, Strength & Conditioning, Improvisation, Contemporary, and Composition). Bangs must still be secure off the face.
- Unnatural hair color is permitted but must be removed prior to theater rehearsals, observation classes, performances and photo shoots.

Jewelry, Nails, Tattoos:

- No jewelry, watches, necklaces, chokers, anklets, watches, fit bits, bracelets, or rings. Exceptions can be made for health, cultural, and religious purposes but must be approved by the School Director.
- Visible permanent or temporary tattoos are not permitted for theater rehearsals, performances and photo shoots.
- Facial Jewelry (Ex. Nose rings and studs, eyebrow and lip piercing, etc.) is not permitted for any classes, rehearsals, or performances. If a student is newly pierced, a clear, flat stud may be worn.
- Students are permitted to wear small stud-type earrings as long as they are a singular point attached to a post, max 2 per ear. Not permitted for theater rehearsals, performances and photo shoots. No hoop earrings of any kind are permitted.
- Nails are to be kept short (max length of ¼ inch) for safety purposes. Nail polish is permitted for class, but no nail adornments. (ex. Jewels) No Nail polish for theater rehearsals, observation classes, performances and photo shoots.

Pointe, Repertory, Variations

Pointe dancers may wear their dress code matching wrap skirts at the discretion of the instructor.

Character Classes

- Pointe Track: Black, Sansha #TE5C Canvas character shoes and Black, Body Wrappers #0511(kids) or #511(adult) character skirt, class leotard and class tights.
- Flat Track: Men's Latin-Classic Series Ballroom Shoes (Style Number 915108) optional black vest, class leotard, tights and socks.
- Non-Binary Track: May choose either Pointe or Flat track options

Contemporary, Modern, Improv, Composition, Strength & Conditioning (Yoga, Gyro, Fitness)

- Pointe Track: Black, Eurotard #10333 (adult) cotton leggings Long Sleeve skintight Top Black, no visible branding.
- Flat track: Eurotard #10333 (adult) cotton leggings, Black Bloch #MT011 Fitted Muscle Top.
- Flesh-tone ballet slippers, black socks, or bare feet at the discretion of the teacher. *Please come prepared with all options.
- Non-Binary track: May choose either Pointe or Flat track options.

Level 3, 3A & 3P — Dress Code Continued

Seminars and Lectures

Warm-up clothing may be worn over the leotards and tights. Obscene language or depictions on clothing are strictly forbidden.

Free Dress:

- Observed only on pre-determined days to be communicated out in advance. Free dress only applies to wearing a different colored leotard for Pointe Track or non-binary students, tights must still be worn under the leotard and into the shoes. Different colored shirts for Flat Track students may be worn, no shorts or cut off tights. Pointe Track students may wear a short to mid-length ballet skirt of any color. All other dress code guidelines still apply including hair, nails, tattoos, jewelry.

Supplies:

- 3 different strengths of TheraBand's (light, medium, heavy), journal, pencil or pen

Warm-ups

Warm-ups are only permitted before and after class and rehearsal. Please remove all warm-ups prior to the rehearsal or the first combination beginning. Fitted warm-ups are allowed for theater warm-up classes only or when observing a class. If a warmup item is needed due to help with an injury, prior instructor approval is needed.

Entering & Exiting the Building

Students must wear clothing over dance attire. Do not wear ballet slippers outside.

Recommended Dancewear Stores

The Leotard — 2432 NE MLK Blvd, Portland, OR 97212 — (503) 284-9244 — theleotard.com

Portland Dancewear — 9225 SW Hall Blvd, Tigard, OR 97223 — (503) 292-1539 — portlanddancewear.com

General Expectations:

Our dress code is an important part of ballet training and reflects long-standing practices across professional schools. It helps create an environment grounded in equity, focus, and respect for the art form. Dressing uniformly allows faculty to clearly see the body in order to support alignment, technique, and the development of a classical line. It also encourages discipline and helps students prepare both physically and mentally for class.

- Students are expected to follow the dress code for all OBT classes, regardless of location.
- If a student arrives out of dress code, they may be asked to observe or make adjustments before participating.
- Dress code reminders will be shared with the goal of supporting each student's success.
- Ongoing concerns may lead to a conversation with School staff to ensure alignment and understanding.
- OBT School supports religious and cultural dress considerations. Families are encouraged to contact the School Director to discuss appropriate options.