

OREGON **BALLET** THEATRE SCHOOL

Level 2&2A — Dress Code

Pointe Track (Female Identifying; also an option for non-binary students)

• Level 2:

Leotard- Color Ballet pink, Wear Moi Leotard #CABRIOLE required and second option PIROUETTE.

• Level 2A:

Leotard- Color Fuchsia, Wear Moi Leotard #CABRIOLE required and second option PIROUETTE.

• Each level has a required leotard color and brand. One style is required to have for performances and observations, optional additional styles listed (choose what fits and feels best). Leotards may not be modified to change the leotard line in any way. Any modifications to strap length must be done so in a way that is concealed.

• Any ballet brand skin tone or pink tights, matte (not shiny/Lycra), no holes, footed, non-seamed

Tights must be worn under the leotard and fully cover the feet, including the heels. Tights must match the shoes

• If a bra is needed, it must have concealed straps; underwear should not be worn except in approved cases

Flat Track (Male Identifying; also an option for non-binary students)

• White short sleeve leotard – any brand

• Black footed or convertible tights with a white leotard worn underneath

• Black elastic or dress belt required on the outside of tights for male identifying students (not a “dance belt”)

• Skin tone or black dance belt – any brand/style (required for levels 1+)

• Thin white crew-length socks (no tube socks)

Non-Binary Option

Non-binary dancers may choose Flat or Pointe track dress code, or contact the School Director for alternatives

Shoes

• Canvas split sole ballet slippers without drawstrings are required. Color must match the tights or socks.

• Replace shoes when a hole is visible

• Shoes must be purchased from a recommended dancewear store to ensure proper fit, quality, and safety

• Flat Track (male) dancers wear white canvas ballet shoes to match the white socks

• Pointe Track (female) dancers wear canvas slippers in the matching color of their tights

• Dyed pointe shoes and ballet slippers are permitted if supplied from the OBT costume shop.

Hair

• All hair is required to be pulled back into a neat bun if possible and fastened securely using a rubber band, multiple pins and a hair net that matches the color of the student's hair. No French twists.

• Students identifying as male or non-binary with long hair must wear hair in ponytail, single braid, or bun. Bangs must be pinned back away from face.

• Short hair needs to be fastened away from face. Bangs must be pinned back away from face. Head bands must match the student's hair color and is only permitted if needed to secure short hair.

• Students/ parents must be responsible for the necessary supplies to have their hair done

before class time. No headbands, bandanas, bows, scrunchies, donuts, or other headwear which interferes with or distracts from class.

• Hair may be worn in a ponytail or braid in designed classes at the discretion of the teacher. (Ex. Pilates, Modern, Strength & Conditioning, Improvisation, Contemporary, and Composition). Bangs must still be secure off the face.

• Unnatural hair color is permitted but must be removed prior to theater rehearsals, observation classes, performances and photo shoots.

Jewelry, Nails, Tattoos:

• No jewelry, watches, necklaces, chokers, anklets, watches, fit bits, bracelets, or rings. Exceptions can be made for health, cultural, and religious purposes but must be approved by the School Director.

• Visible permanent or temporary tattoos are not permitted for theater rehearsals, performances and photo shoots.

Level 2&2A — Dress Code Continued

- Facial Jewelry (Ex. Nose rings and studs, eyebrow and lip piercing, etc.) is not permitted for any classes, rehearsals, or performances. If a student is newly pierced, a clear, flat stud may be worn.
- Students are permitted to wear small stud-type earrings as long as they are a singular point attached to a post, max 2 per ear. Not permitted for theater rehearsals, performances and photo shoots. No hoop earrings of any kind are permitted.
- Nails are to be kept short (max length of ¼ inch) for safety purposes. Nail polish is permitted for class, but no nail adornments. (ex. Jewels) No Nail polish for theater rehearsals, observation classes, performances and photo shoots.

Free Dress:

- Observed only on pre-determined days to be communicated out in advance. Free dress only applies to wearing a different colored leotard for Pointe Track or non-binary students, tights must still be worn under the leotard and into the shoes. Different colored shirts for Flat Track students may be worn, no shorts or cut off tights. Pointe Track students may wear a short to mid-length ballet skirt of any color. All other dress code guidelines still apply including hair, nails, tattoos, jewelry.

Entering & Exiting the Building

Students must wear clothing over dance attire. Do not wear ballet slippers outside

Warm-ups

Warm-ups are only permitted before and after class and rehearsal. Please remove all warm-ups prior to the rehearsal or the first combination beginning. Fitted warm-ups are allowed for theater warm up classes only or when observing a class. If a warmup item is needed due to helping an injury, prior instructor approval is needed.

Supplies:

- Annual Session students: Journal, pencil or pen, 3 different strengths of TheraBand's (light, medium, heavy). Level 2 students should bring a small hand towel.

Character Classes

Pointe Track: Black, Sansha #TE5C Canvas character shoes and Black, Body Wrappers #0511(kids) or #511(adult) character skirt, class leotard and class tights.

Flat track: Men's Latin-Classic Series Ballroom Shoes (Style Number 915108) optional black vest, class leotard, tights and socks.

Non Binary track: May choose either Pointe or Flat track options

Recommended Dancewear Stores

The Leotard — 2432 NE MLK Blvd, Portland, OR 97212 — (503) 284-9244 — theleotard.com

Portland Dancewear — 9225 SW Hall Blvd, Tigard, OR 97223 — (503) 292-1539 — portlanddancewear.com

General Expectations:

Our dress code is an important part of ballet training and reflects long-standing practices across professional schools. It helps create an environment grounded in equity, focus, and respect for the art form. Dressing uniformly allows faculty to clearly see the body in order to support alignment, technique, and the development of a classical line. It also encourages discipline and helps students prepare both physically and mentally for class.

- Students are expected to follow the dress code for all OBT classes, regardless of location.
- If a student arrives out of dress code, they may be asked to observe or make adjustments before participating.
- Dress code reminders will be shared with the goal of supporting each student's success.
- Ongoing concerns may lead to a conversation with School staff to ensure alignment and understanding.
- OBT School supports religious and cultural dress considerations. Families are encouraged to contact the School Director to discuss appropriate options.