

OREGON **BALLET** THEATRE SCHOOL

DRESS CODE 26-27

General Expectations:

Our dress code is an important part of ballet training and reflects long-standing practices across professional schools. It helps create an environment grounded in equity, focus, and respect for the art form. Dressing uniformly allows faculty to clearly see the body in order to support alignment, technique, and the development of a classical line. It also encourages discipline and helps students prepare both physically and mentally for class.

- Students are expected to follow the dress code for all OBT classes, regardless of location.
- If a student arrives out of dress code, they may be asked to observe or make adjustments before participating.
- Dress code reminders will be shared with the goal of supporting each student's success.
- Ongoing concerns may lead to a conversation with School staff to ensure alignment and understanding.
- OBT School supports religious and cultural dress considerations. Families are encouraged to contact the School Director to discuss appropriate options.

Supplies:

- Junior and Senior Intensive students: Journal, pencil or pen, ½ inch thick yoga or Pilates mat labeled with their name, 3 different strengths of TheraBand's (light, medium, heavy).
- Annual Session students: Journal, pencil or pen, 3 different strengths of TheraBand's (light, medium, heavy). Level 2 students should bring a small hand towel.

Creative Movement/Creative Ballet:

- Any solid color leotard with or without attached single layer ballet skirt (no sparkles, tutus, or tiaras).
- Black fitted leggings or bike shorts fitted solid color t-shirts.
- Flesh tone, black, white, or pink tights.
- Ballet slippers (no drawstrings, canvas, black, flesh-tone, white, or pink).

Pre-Ballet:

- Pointe track: Wear Moi CABRIOLE leotard (Pink or Mint), Skin Tone or Pink Tights (matte, footed, non-seamed), Skin Tone or Pink Canvas Ballet Slippers (no drawstrings, split-sole).
- Flat track: White leotard (any brand, any style), Black Bike Shorts or Leggings (tights optional), White Canvas Ballet Shoes (no drawstrings, split-sole), Thin White Crew Length Socks (no tube socks).
- Non-Binary option: Wear Moi CABRIOLE leotard (Pink or Mint), Black Bike Shorts or

Leggings (tights optional), White Canvas Ballet Shoes (no drawstrings, split-sole), Thin White Crew Length Socks (no tube socks).

Primary and Primary A :

- Pointe Track: Wear Moi CABRIOLE leotard (White), Skin Tone or Pink Tights (matte, footed, non-seamed), Skin Tone or Pink Canvas Ballet Slippers (split-sole), Light Pink Raindance #62ADJ ¾ inch alignment belt.
- Flat Track: White leotard (any brand, any style), Black Leggings (tights optional), White Canvas Ballet Shoes (split-sole, no drawstrings), Thin White Crew Length Socks (no tube socks), Black elastic belt to hold up tights (not a “Dance Belt”), Optional Skin Tone or Black dance belt (any brand, any style).
- Non-Binary option: Wear Moi CABRIOLE leotard (White), Black Bike Shorts or Leggings (tights optional), White Canvas Ballet Shoes (no drawstrings, split-sole), Thin White Crew Length Socks (no tube socks).

Code Details for Pointe Track Students Levels 1-6: Leotards, Skirts, and Tutus

• Junior and Senior Summer Intensives Pointe Track:

Traditional style, any single solid color, unadorned, no lace or mesh, no zippers or rhinestones, no crisscross straps, halters, or cut-out backs, no different color trim. Skin-toned or pink tights (matte, no holes). Short black wrap skirts or black bullet point skirts are allowed for select pointe and repertory classes.

• Annual Session Pointe Track:

Each level has a required leotard color and brand. One style is required to have for performances and observations, optional additional styles listed (choose what fits and feels best). Leotards may not be modified to change the leotard line in any way. Any modifications to strap length must be done so in a way that is concealed.

• Level 1:

Leotard- Color Lilac, Wear Moi Leotard #CABRIOLE required and second option PIROUETTE.

Belt: Color Dark Purple Raindance #62ADJ ¾ inch alignment belt.

• Level 1A:

Leotard- Color Purple (special order-Please order by July 1, students joining after July 1 please order by September 1), Wear Moi Leotard #CABRIOLE required and second option PIROUETTE.

Belt: Color Lilac Raindance #62ADJ ¾ inch alignment belt.

- **Level 2:**

Leotard- Color Ballet pink, Wear Moi Leotard #CABRIOLE required and second option PIROUETTE.

- **Level 2A:**

Leotard- Color Fuchsia, Wear Moi Leotard #CABRIOLE required and second option PIROUETTE.

- **Level 3:**

Leotard-Color Sky, Wear Moi Leotard #, FAUSTINE required, other options CANDIDE, EMERAUDE.

Skirt: Color Sky Blue, Wear Moi ALEGRO Wrap skirt.

- **Level 3A:**

Leotard- Color French Blue, Wear Moi Leotard #FAUSTINE required, other options CANDIDE, EMERAUDE.

Skirt- Color French Blue, Wear Moi ALEGRO Wrap skirt.

- **Level 3P:**

Leotard- Color Navy, Wear Moi Leotard # FAUSTINE required, other options CANDIDE, EMERAUDE.

Skirts: Color Navy, Wear Moi ALEGRO Wrap skirt, and So Danca Color Black, Long wrap skirt, style options Cordelia SL235 or Evelyn SL227

- **Level 4:**

Leotard-Color Prune, Wear Moi Leotard #FAUSTINE required, other options CABRIOLE, EMERAUDE.

Skirts: Color Prune Wear Moi ALEGRO Wrap skirt, and So Danca Color Black, Long wrap skirt, style options Cordelia SL235 or Evelyn SL227

- **Level 5:**

Leotard Training: Color Dark Grey, Wear Moi # FAUSTINE required, other options CONCERTO, ABBIE.

Leotard Performances: Color Black Wear Moi #GALATE Leotard

Skirts and tutus for training, rehearsals and performances: Dark Grey, Wear Moi ALEGRO Wrap skirt, So Danca Color Black, Long wrap skirt, style options Cordelia SL235 or Evelyn SL227, Suffolk Platter Tutu White, Black Mirella #MS12 wrap skirt

- **Level 6:**

Leotard Training: Color Light Grey, Wear Moi # FAUSTINE required, other options CONCERTO, ABBIE.

Leotard Performances: Color Black Wear Moi #GALATE Leotard

Skirts and tutus for training, rehearsals and performances: Light Grey, Wear Moi ALEGRO Wrap skirt, So Danca Color Black, Long wrap skirt, style options Cordelia SL235 or Evelyn SL227, Suffolk Platter Tutu White, Black Mirella #MS12 wrap skirt

Tights and Shoes Pointe Track:

- Any ballet brand skin tone or pink tights, matte (not shiny/Lycra), no holes, footed, non-seamed.

Tights must be worn under the leotard and fully cover the feet, including the heels. Tights must match the shoes.

- If a bra is needed, wear one with concealed straps that aren't visible under the leotard. Underwear should not be worn with the leotard, except in approved cases.
- Canvas, no drawstrings ballet slippers, must match the color of the tights.
- Pointe shoes readiness is determined by the School Director and School Faculty. Dyed pointe shoes and ballet slippers are permitted if supplied from the OBT costume shop. All pointe shoes brands are permitted except Gaynor Minden.

Dress Code Details for Flat Track Students Levels 1-6:

Leotards and Shirts Flat Track:

- **Junior and Senior Summer Intensives Flat Track:**

Male-identifying students may wear solid-colored leotards or fitted shirts tucked in (cap-sleeved or tank top), and black tights

Annual Session Flat Track:

- Level 1-2: White short sleeve leotard (any brand).
- Level 3-6: White, Wear Moi HORACIO V-Neck microfiber s/s leotard

Tights, Shoes, and Accessories Flat Track:

Junior and Senior Summer Intensives Flat Track:

Black footed tights with black slippers or Black tights white socks and white shoes

Annual Session Flat Track:

- Levels 1&2: Black footed or convertible tights with a white leotard worn under the tights.
- Levels 3-6: Grey, Wear Moi HIDALGO microfiber convertible tights
- Black elastic belt or dress belt is required on the outside of tights for all male-identifying students.
- Skin Tone or Black dance belt (any brand, any style) required for levels 1 and above.
- Thin white crew-length dance socks (no tube socks) – All levels.
- White canvas ballet shoes, no drawstrings (All levels).
- Dyed ballet slippers are permitted if supplied from the OBT costume shop

Dress Code Details for Non-Binary Students Levels 1-6:

- Non-Binary dancers may choose to wear Flat or Pointe Track dress code or may contact the School Director if an alternative option is needed.

Extra-Curricular Classes Pointe and Flat Tracks:

Flamenco and Character classes:

Summer Intensive: Levels 1-6

- Pointe Track: Black 1.2-inch character shoes, black character skirt mid-shin length, class leotard and class tights.
- Flat Track: Men's black Latin-Classic Series Ballroom shoes or character shoes, optional black vest, class leotard, tights and socks.
- Non-Binary Track: May choose either Pointe or Flat track options.

Annual Session: Levels 2-6

- Pointe Track: Black, Sansha #TE5C Canvas character shoes and Black, Body Wrappers #0511(kids) or #511(adult) character skirt, class leotard and class tights.
- Flat Track: Men's Latin-Classic Series Ballroom Shoes (Style Number 915108) optional black vest, class leotard, tights and socks.
- Non-Binary Track: May choose either Pointe or Flat track options

Irish Step classes: Ballet attire.

Contemporary, modern, improv and composition, strength and conditioning (Yoga, Gyro, Fitness) classes:

Summer Intensive:

- All black, any brand ankle length leggings and skintight black top permitted.

Annual Session:

- Pointe Track: Black, Eurotard #10333 (adult) cotton leggings Long Sleeve skintight Top Black, no visible branding.
- Flat track: Eurotard #10333 (adult) cotton leggings, Black Bloch #MT011 Fitted Muscle Top.
- Non-Binary track: May choose either Pointe or Flat track options.
- Flesh tone ballet slippers, black socks or bare feet, at the discretion of the teacher.

Nique (annual session only):

- Pointe Track: Class Leotard and Black Capezio #SE1096C/W, Studio bike short, Bare legs and flesh tone ballet slippers.
- Flat track: Black Capezio #SE1096C/W, Studio bike short and Black Bloch #MT011 Fitted Muscle Top.

- Non-Binary track: May choose either Pointe or Flat track options.

Hip-Hop:

- Clean, non-marking sneakers, baggy, solid colored and non-graphic clothing is allowed and will be worn over the leotard and tights to avoid exposed skin. Please note obscene language or depictions on clothing are strictly prohibited. Black contemporary clothing encouraged.

Seminars and Lectures:

- Warm-up clothing may be worn over the leotards and tights. Obscene language or depictions on clothing are strictly forbidden.

Warm-ups:

- Warm-ups are only permitted before and after class and rehearsal. Please remove all warm-ups prior to the rehearsal or the first combination beginning. Fitted warm-ups are allowed for theater warm up classes only or when observing a class. If a warmup item is needed due to help with an injury, prior instructor approval is needed.

Religious or Cultural Accommodations:

- We are supportive of any religious or cultural dress code preferences. Please contact the School Director to discuss an appropriate option that best suits the needs of the student and family.

Hair:

- All hair is required to be pulled back into a neat bun if possible and fastened securely using a rubber band, multiple pins and a hair net that matches the color of the student's hair. No French twists.
- Students identifying as male or non-binary with long hair must wear hair in ponytail, single braid, or bun. Bangs must be pinned back away from face.
- Short hair needs to be fastened away from face. Bangs must be pinned back away from face. Head bands must match the student's hair color and is only permitted if needed to secure short hair.
- Students/ parents must be responsible for the necessary supplies to have their hair done before class time. No headbands, bandanas, bows, scrunchies, donuts, or other headwear which interferes with or distracts from class.
- Hair may be worn in a ponytail or braid in designed classes at the discretion of the teacher. (Ex. Pilates, Modern, Strength & Conditioning, Improvisation, Contemporary, and Composition). Bangs must still be secure off the face.
- Unnatural hair color is permitted but must be removed prior to theater rehearsals, observation classes, performances and photo shoots.

Jewelry, Nails, Tattoos:

- No jewelry, watches, necklaces, chokers, anklets, watches, fit bits, bracelets, or rings. Exceptions can be made for health, cultural, and religious purposes but must be approved by the School Director.
- Visible permanent or temporary tattoos are not permitted for theater rehearsals, performances and photo shoots.
- Facial Jewelry (Ex. Nose rings and studs, eyebrow and lip piercing, etc.) is not permitted for any classes, rehearsals, or performances. If a student is newly pierced, a clear, flat stud may be worn.
- Students are permitted to wear small stud-type earrings as long as they are a singular point attached to a post, max 2 per ear. Not permitted for theater rehearsals, performances and photo shoots. No hoop earrings of any kind are permitted.
- Nails are to be kept short (max length of ¼ inch) for safety purposes. Nail polish is permitted for class, but no nail adornments. (ex. Jewels) No Nail polish for theater rehearsals, observation classes, performances and photo shoots.

Free Dress:

- Observed only on pre-determined days to be communicated out in advance. Free dress only applies to wearing a different colored leotard for Pointe Track or non-binary students, tights must still be worn under the leotard and into the shoes. Different colored shirts for Flat Track students may be worn, no shorts or cut off tights. Pointe Track students may wear a short to mid-length ballet skirt of any color. All other dress code guidelines still apply including hair, nails, tattoos, jewelry.

OBT School equally supports the following dance apparel/footwear stores that carry our dress code items:

- Dance Togs: 3835 SW Hall Boulevard, Beaverton, OR 97005, (503) 644-7545,
dancetogs.net
- The Leotard: 2432 NE MLK Boulevard, Portland, OR 97212, (503) 284-9244,
theleotard.com
- Portland Dancewear: 9225 SW Hall Blvd., Tigard, OR 97223, (503) 292-1539,
portlanddancewear.co