



Title: Wellness Coordinator and Physical Therapist
Department: Administration
Position Status: Regular Part-Time, Hourly, Non-Exempt
Effective Date: Upon Hire

General Description: Oregon Ballet Theatre is seeking an experienced Wellness Coordinator and Physical Therapist to join our Dancer Wellness Program to provide therapy and rehabilitation services to our dancers at our studios and performance venues. The ideal candidate shall be passionate about our dancers and committed to helping them maintain and/or recover their independence and mobility. We are looking for someone with experience working with a wide range of dance related injuries, and who is always ready to learn new techniques to further our dancers' care. The role would serve to partner with each professional dancer to create a Wellness Plan consisting of the appropriate exercises, procedures and techniques required to promote and maintain effective wellness and strength, and safe recovery. The position is also responsible for managing and coordinating the program and with any healthcare professionals or practitioners that are working with our dancers, and referring the dancers to specialists when appropriate. The right candidate is a patient, compassionate professional who will encourage and inspire our dancers to work towards greater independence and recovery. The Wellness Coordinator is part of the Human Resources team and reports to the Chief Operating Officer.

Essential Duties and Responsibilities:

- Perform initial and ongoing physical therapy evaluations according to APTA standards of practice as well as state standards.
- Develop Dancer Wellness Plan for each dancer based on initial and as needed evaluations (DanceUSA screening standards) including short and long term goals, collaboration demands of other staff members, and required dancer involvement.
- Implement Wellness Plan on a consistent schedule and adjust this schedule and plan according to dancer wellness status.
- Document dancer's wellness status according to approved medical documentation and HIPPA documentation procedures.
- Evaluate mobility, strength and current level of dancer function, while setting goals to improve in these areas that are scaled to dancer abilities, and realistically attainable.
- Report wellness status to dancer and studio staff and wellness-care professionals involved in ongoing wellness/care of dancers.
- Maintain professional and technical knowledge by attending educational workshops; reviewing professional publications; establishing personal networks; participating in professional societies.
- Assist other practitioners and staff members as needed to provide care and create a clean, orderly and effective environment for rehabilitation and physical therapy.
- Source, evaluate, and schedule practitioners under the Dancer Wellness Program in the modalities of physical therapy, acupuncture, massage/rolfing, Pilates, chiropractic,



nutrition and resiliency while working with wellness-care providers to find additional support to improve and expand program.

- Manage all practitioner and dancer documentation and records within HIPPA standards.
- Other duties as assigned.

Qualifications for Success:

- Proven record of matching dancer needs to wellness plans and proven record of implementing these plans safely and effectively.
- Strong experience administering a wide range of physical therapy techniques not limited to experience in manual therapy techniques and deep tissue massage; applying physical agents; initiating traction; utilizing hydrotherapy tanks and whirlpool baths, ultraviolet / infrared lamps, and ultrasound machines.
- Knowledge of responsible use of facility equipment, best practices for equipment use and preventative maintenance procedures.
- Experience with a wide range of dance related injuries.
- A strong sense of empathy, a compassionate outlook on PT and the ability to motivate dancers into pushing their limits in a responsible, safe way.

Education & Work Experience:

We are looking for someone with at least 2 years of experience providing physical therapy to dancers in a fully equipped PT facility and who has the following qualifications:

- BS or Master's Degree in Physical Therapy from a physical therapy program approved by the American Physical Therapy Association
- Current Physical Therapy license for state of operation, Certification in Orthopedic Manual Therapy (COMT) desirable.
- Current Basic Life Support (BLS) certification (with AED).
- Membership with one or more of the following organizations is desired: Performing Arts Special Interest Group (PASIG), International Association for Dance Medicine and Science (IADMS) or Performing Arts Medical Association (PAMA).
- Background in dance administration or a strong personal interest in dance preferred.
- Proficiency in Microsoft Office Suite of products, including Word, Excel, and PowerPoint.

Application Guidelines:

Applications must include a Cover Letter and Resume/CV.

Oregon Ballet Theatre is an equal employment opportunity employer. Our policy is to make all employment-related decisions without regard to an employee's race, color, creed, religion, age, national origin, marital status, mental or physical disability, sexual orientation, or any other basis prohibited by local, state or federal law. This policy applies to all personnel activities including employment, promotion, compensation and termination.

Oregon Ballet Theatre does not tolerate sexual harassment of any employee by another employee, supervisor, vendor, or customer for any reason.