

## LA SOURCE



George Balanchine's *La Source*. Photo by Christian Johnson.

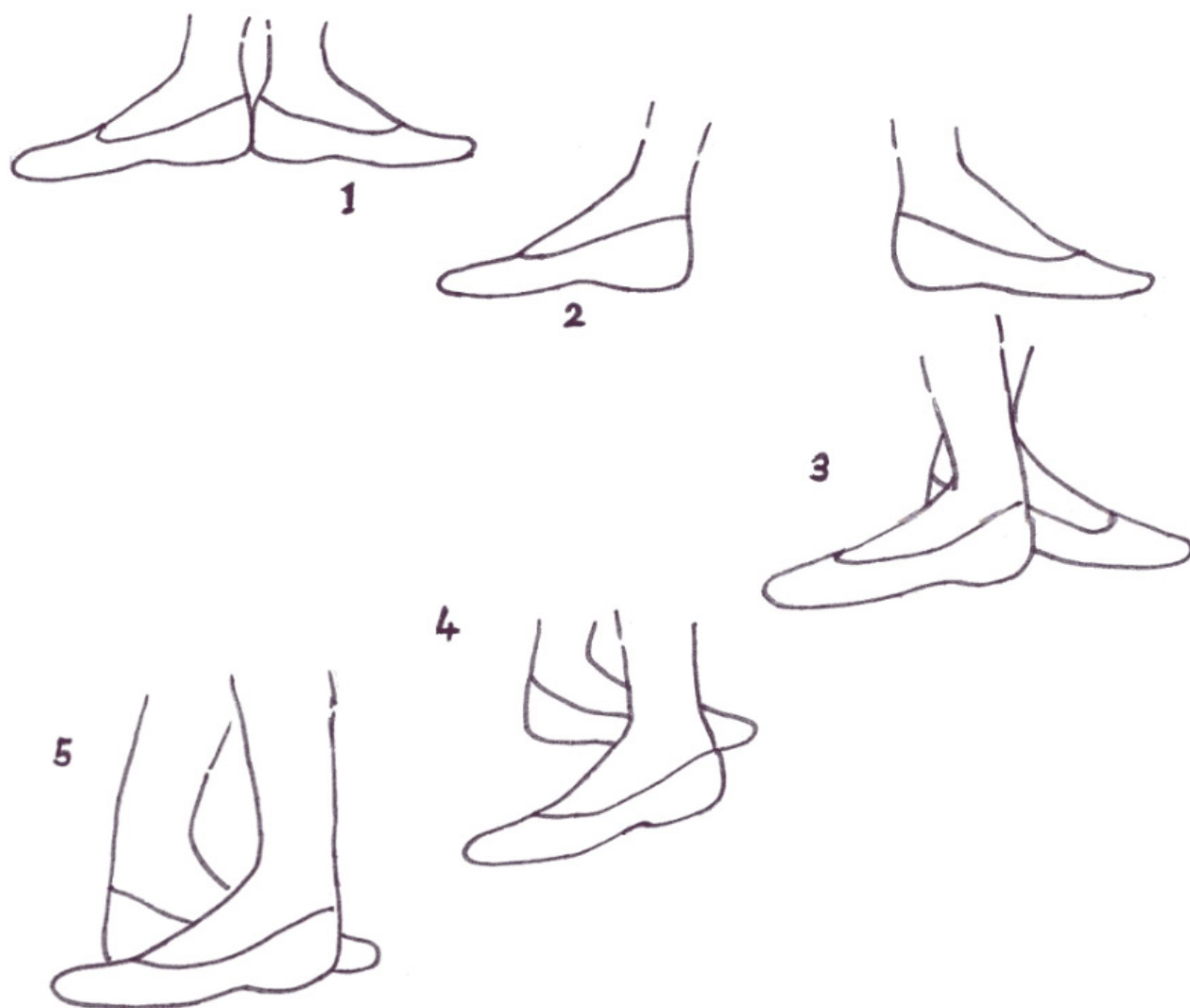
The costumes for *La Source* (seen above), designed to evoke thoughts of a former era, allow the audience to see the dancer's precise, articulations of foot, leg, torso and arm.

👍 Divide students into groups of 5 or 6 and ask them to arrange their group in a pleasing configuration. Take turns presenting to the class and discuss what makes each configuration interesting.

*LA SOURCE*



“Renowned as a composer for dance, [Delibes] had a gift for illustrating action, creating atmosphere, and inspiring movement. Although he spent many years as a church organist, he was drawn more to the theater, and he composed many light operas.”



The drawing above illustrates the first 5 positions in ballet technique.

👍 Ask students to look at the pictures and try to do what the drawing indicates, starting at #1—First Position and finishing with #5—Fifth Position



Alison Roper and Brennan Boyer in Twyla Tharp's *Known By Heart Duet*. Photo by Blaine Truitt Covert. May not be used without permission.

👍 Ask students to flex and point their feet, noticing how the muscles in the foot and leg feel during the motion. (See picture for example.) It works best to do this in stocking feet. Do this with the legs turned out at the hip, having the knees and toes point away from the midline of the body.



## ROAD TO THE YELLOW CARNIVAL



Robert Henry Johnson's *Road to the Yellow Carnival*. Photo by Christian Johnson



Zap Mama

*SPEAK*



Anne Mueller and Lucas Threefoot in Trey McIntyre's *Speak*. Photo by Blaine Truitt Covert.

*LEFT UNSAID*



Nicolo Fonte's *Left Unsaid*. Photos by Blaine Truitt Covert.





👍 Students might look at these drawings or check a book out about yoga and then try to do the poses.

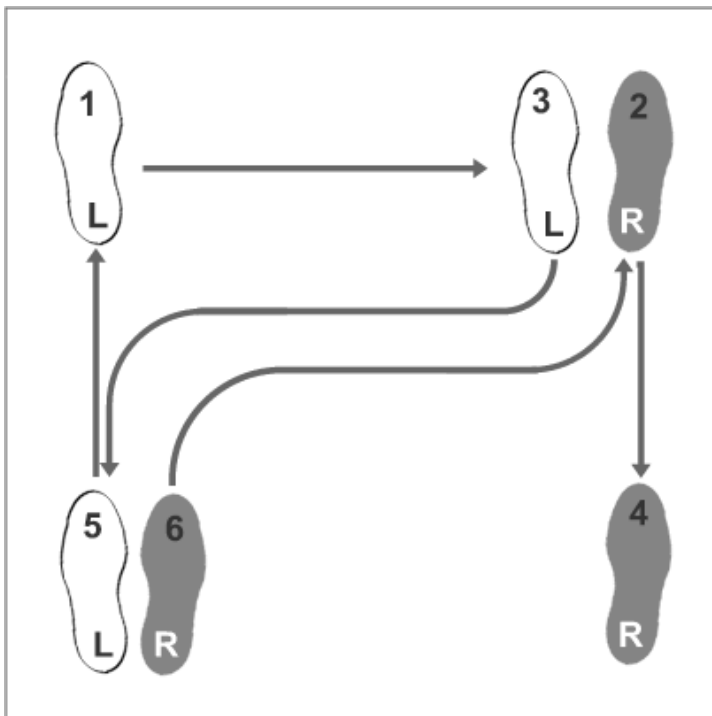


## EYES ON YOU

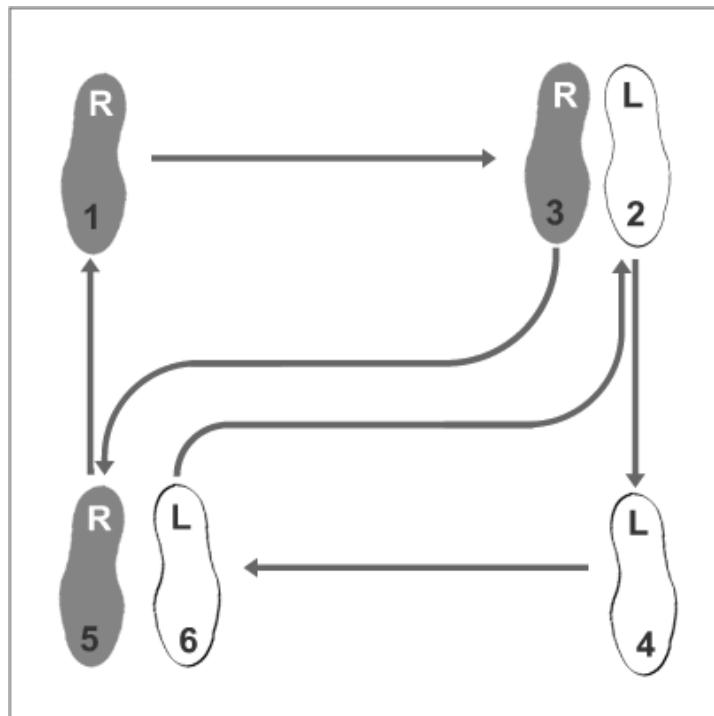


Christopher Stowell's *Eyes On You*. Photos by Blaine Truitt Covert.

## MAN'S STEP



## WOMAN'S STEP



Above are drawings for the steps of the waltz—it is kind of a code. Ask students to look at the drawings and decipher them. Try the man's version first and then the woman's.

👍 Students could create their own series of steps and draw it out and give the steps to another student to do!